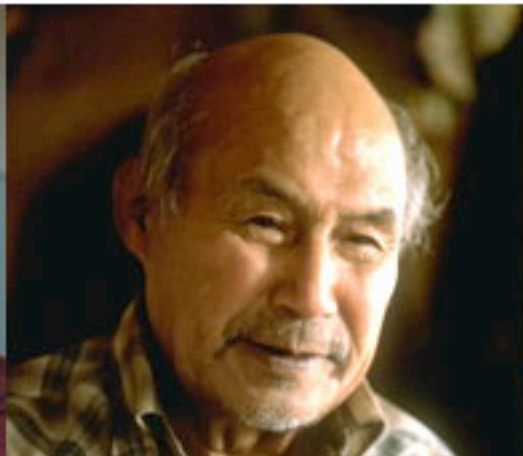




Health
Canada

Santé
Canada

NNADAP Renewal Process: Alberta Needs Assessment



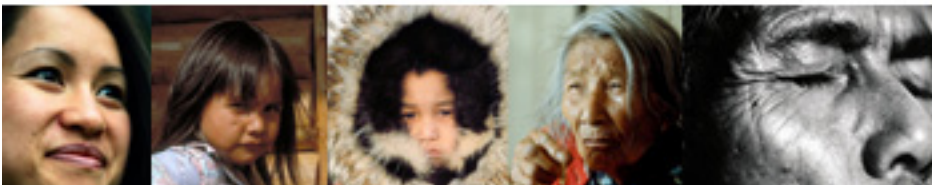
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Purpose

To indicate the emerging needs of Alberta Region with respect to addiction services

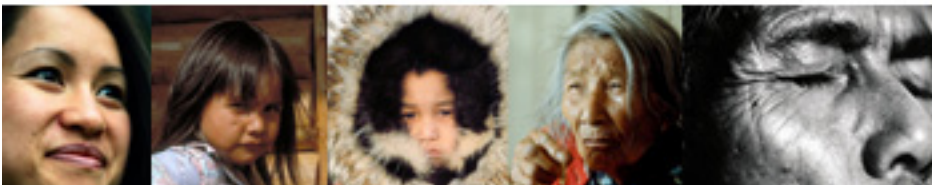
To identify strategies that will help inform the Renewed Program Framework for NNADAP

To identify strengths or promising approaches that may contribute to the broader NNADAP Renewal Framework



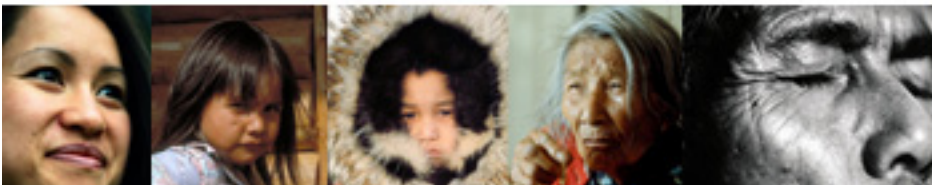
Outline

- 1. Emerging Needs**
- 2. Promising Approaches**
- 3. Five Key Recommendations**
- 4. Priorities**
- 5. Questions**



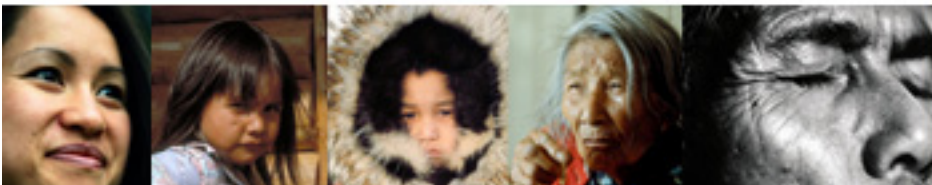
Emerging Needs

- Treatment needs for youth, men, women and seniors are very distinct; age and gender appropriate services required to address these needs
- Improved consultation between stakeholders and clientele to properly address needs and mitigate the sense of isolation for First Nations individuals accessing services
- First Nations in Alberta have three times more episodes in psychiatric treatment services and have higher rates for seeking mental health support through physician visits, emergency rooms and hospital admissions rather than going through mental health outpatient clinics.



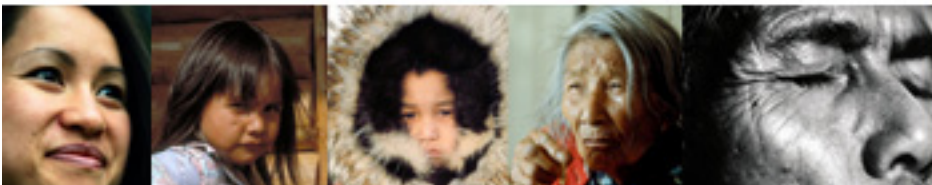
Emerging Needs

- First Nations living on reserve have limited access to mental health professionals and transportation difficulties to access services offered on reserve
- Gambling addiction seen as a growing concern in First Nation Communities that affects personal, family and community wellness.
- Services not integrated to address concurrent disorders
- Gaps in service continuum; prevention, treatment and aftercare



Promising Approaches

- Collaboration with Alberta Health Services to enhance the accessibility, quality, and cultural-appropriateness of healthcare services for First Nations
- Chief Mountain Residential Healing Impact; the program addresses the healing needs of Aboriginal clients affected by sexual and physical abuse in residential schools



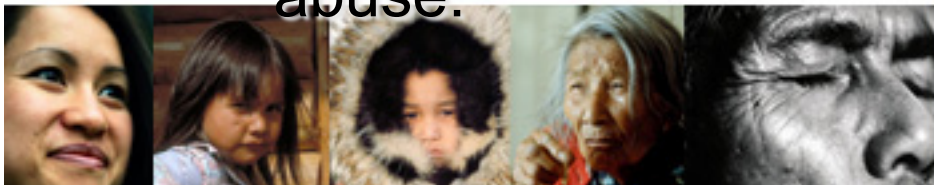
Promising Approaches

- **The Grandmothers Guide** The Grandmothers Guide is founded on the belief that families and communities need the grandmothers' wisdom, knowledge, and prayer to address substance abuse issues in the communities, the grandmothers need to be affirmed of their gifts and what treasures they are to our families and communities. For two years Grandmothers Guide has been running with retreat style workshops across Alberta with grandmothers from Treaty 6, 7 & 8.



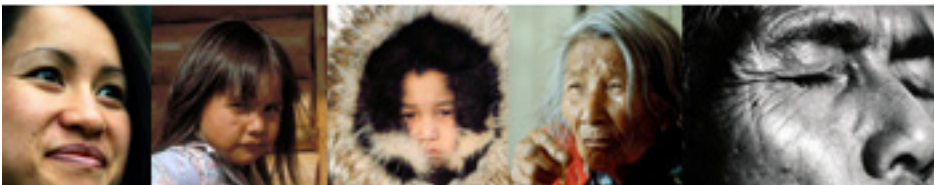
Promising Approaches

- Co-management; Alberta regions envelope is co-managed, co-assessed and co-analyzed by FNIH and three First Nation Chiefs of Alberta on the principles of fairness, transparency, accountability, timeliness, appropriateness and legality
- Niwichiaw Aboriginal Addiction Counselling Service provides assessment, counselling, referrals and prevention services using the Medicine Wheel. This service facilitates access to traditional Aboriginal healing practices such as smudges, healing circles, feasts and Elders to address addiction issues and healing from intergenerational traumas i.e. sexual abuse.

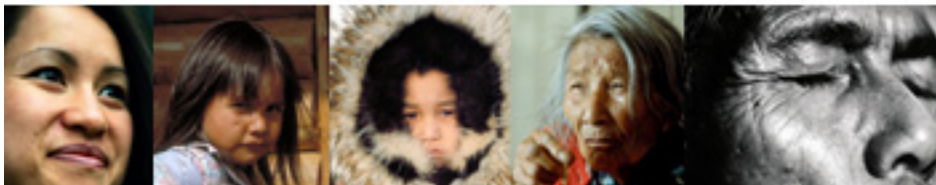


Five Key Recommendations

- Increase community awareness and education about the affects and social determinants of drugs, alcohol and services on youth. Involve community in developing solutions.
- Develop gender specific prevention and treatment programs
- Mentorship of young men by leaders and elders in the community
- More training and education, better collaboration among services providers and the development of comprehensive programs that can address older adults' many needs
- Better coordination among service providers to address mental health conditions co-occurring with substance abuse



Questions





Thank You!

